

# ADVANCED TRAUMA SEMINAR: SMALL GROUP INTENSIVE

A Workshop with Michelle Pruett, LPC-S

Pruettcounseling.com • 3 Office Park Circle, Suite 220; Mountain Brook, AL 35223 • (205)912-2006 • pcandc@bellsouth.net

A WORKSHOP FOR MENTAL  
HEALTH PROFESSIONALS

Register Early and  
Save!

Friday; April 29, 2022

Live interactive online platform-Zoom

5 NBCC Contact Hours \* 9:00 a.m.-3:00 p.m.

\$125 Early Registration Rate

\$150 After April 15, 2022

Designed to build on the knowledge gained in *Making Sense of Trauma: Practical Strategies for Helpers* and *Helping Vulnerable Populations Heal After Trauma*; this Advanced Trauma Seminar offers a brief refresher of the material presented in the original training with the bulk of the seminar focused on practical application of the knowledge. Case Studies (with identifying information omitted) will be presented for the group to have hands-on experience applying the principles. Participants may bring their own cases for review. Completion of day-long trauma training (*Making Sense of Trauma: Practical Strategies for Helpers* or *Helping Vulnerable Populations Heal After Trauma*) required as a prerequisite. **Note:** Seminar attendance will be limited to ensure all participants can ask questions and receive individualized feedback.



Michelle Pruett is a licensed professional counselor and supervisor (LPC-S) and the owner of Pruett Counseling and Consulting, LLC in Mountain Brook, Alabama. Ms. Pruett has more than 20 years' experience providing Crisis Intervention and Child, Family, and Couples therapy. Combined, these experiences evolved into her current work with trauma survivors of all ages. Specialized trainings she has completed include: Trust Based Relational Intervention (TBRI), Eye Movement Desensitization and Reprocessing (EMDR), Dyadic Developmental Psychotherapy (DDP), and Emotionally Focused Therapy (EFT).

## Workshop Objectives:

- Identify the impact of trauma on a survivor's neurobiology and the subsequent changes to behaviors and relationships.
- Understand the importance of integrating formal and informal support systems into clinical intervention with trauma survivors.
- Learn about available treatment models that are appropriate for use with trauma survivors.
- Experience interventions designed to assist trauma survivors in a clinical setting.

## FOR MORE INFORMATION:

Lacey Amos • (205) 440-3686 • laceyamoscounseling.com/workshops OR REGISTER ONLINE AT PRUETTCOUNSELING.COM/TRAINING. \*Online Registration Only~ Personal Checks Not Accepted ~Full Credit Only (Partial Credit Not Available) \*

Pruett Counseling and Consulting is an approved provider for the [Alabama Board of Examiners in Social Work #0705](#). Pruett Counseling and Consulting has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7099. Programs that do not qualify for NBCC credit are clearly identified. Pruett Counseling and Consulting is solely responsible for all aspects of the programs.

